



## 309155S Caribbean Jerk Mari Base (Major)



**Pack Size:** 1.25LT JAR

**Details:** A Caribbean carnival of spices and citrus fruits. Completely transform your lunchtime favourites!

### Allergen Information

**Free from:**

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

**Suitable for:**

Coeliacs, Vegetarians, Vegan

### Handling Information

**Directions For Use:**

Place meat, fish or veg into mari-bag. Add recommended amount of marinade then seal, massage and refrigerate. Alternatively place onto a tray and brush with marinade then cook as require. For best results marinade for 2 hours or longer. Recommended usage is 15ml of paste per 100g protein.

**Storage Instructions:**

Before opening store in a cool dry place. Once opened use within 30 days or by the best before date and keep pot tightly closed and chilled (<5degC) between use.

### Product Ingredients

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Water, red wine vinegar, sugar, salt, sunflower oil, grapefruit juice concentrate (3%), yeast extract, modified waxy maize starch, lemon peel (2.5%), black pepper, allspice, onion powder, paprika, orange juice concentrate (0.5%), cayenne pepper, acidity regulator (citric acid), garlic powder, clove, spice & herb, bay,

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

114 kcal / 481 kJ

**Fat:**

3.8 g

**of which saturates:**

1 g

**Carbohydrates:**

18 g

**of which sugars:**

14.6 g

**Fibre:**

No Data

**Protein:**

2.1 g

**Salt:**

5.5 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

