



309157S Ras el Hanout (Centaur)



Pack Size: 250G TIN

Details: Ras el hanout is a spice mix from North Africa. It plays a similar role in North African cuisine as garam masala does in Indian cuisine.

Allergen Information

Contains:

Celery

Free from:

Cereal, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Nuts, Peanuts, Sulphur Dioxide, Soya

May contain:

Mustard, Sesame

Suitable for:

Vegetarians, Vegan

Handling Information

Directions For Use:

A raw spice food ingredient for use in cooking. It must be cooked fully before consumption.

Storage Instructions:

Store in cool dry conditions away from direct sunlight

Product Ingredients

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Potato starch, Salt, Coriander, Maltodextrin, cinnamon, ginger, Cayenne (Chilli, Paprika), Black Pepper, Cassia, Allspice, Onion, **celery**, Rose petals, Lavender, Cardamom, Garlic, Sugar, parsley, Fenugreek, mace, Clove, Nutmeg.

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

331 kcal / 1106 kJ

Fat:

5 g

of which saturates:

0.6 g

Carbohydrates:

50.8 g

of which sugars:

5.4 g

Fibre:

15.2 g

Protein:

4.8 g

Salt:

15.2 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.