

309331C Buckwheat Flour (Doves Farm)



Pack Size: 5 X 1KG

Details: Buckwheat flour is a natural ingredient for home baking and can be used as an alternative in a variety of baking recipes; making pancakes, bread, pasta and noodles.

Allergen Information

Contains:

Gluten

Free from:

Sesame, Celery, Crustaceans, Eggs, Fish, Sulphur Dioxide, Soya, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts

May contain:

Cereal

Suitable for:

Halal, Kosher, Vegetarians, Vegan

Handling Information

Directions For Use:

Please refer to on pack instructions.

Storage Instructions:

To keep flour at its best, roll down the top after use and store in a cool dry place.

Product Ingredients

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Buckwheat Flour

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

349 kcal / 1480 kJ

Fat:

2.1 g

of which saturates:

0.4 g

Carbohydrates:

68 g

of which sugars:

0.8 g

Fibre:

3.1 g

Protein:

13 g

Salt:

0.03 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging

or speak with our QA Department.