



309389C Flapjack Mix (Middletons)



Pack Size: 4 X 3.5KG

Details: A quick and easy mix to use to create perfect flapjack.

Allergen Information

Contains:

Cereal, Gluten

Free from:

Celery, Crustaceans, Sulphur Dioxide, Fish, Lupin, Nuts, Molluscs, Mustard, Peanuts, Sesame

May contain:

Milk, Eggs, Soya

Suitable for:

Vegetarians, Vegan

Handling Information

Directions For Use:

Dry Mix: 1kg/3.5kg whole bag

Water: 125ml/437ml

Tin Size: 185 x 235 x 50mm deep/185 x 235 x 50mm deep

Dough Portions 57g: 19 x 57g portions/69 x 57g portions

Storage Instructions:

Store in a cool dry place away from strong odours and direct sunlight.

Product Ingredients

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Wholegrain OAT Flakes (54%), Vegetable Oil Blend (Palm & Rapeseed Oil), Sugar, Dried Glucose, Dextrose, Natural Flavouring, Salt, Flavouring.

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

453 kcal / 1896 kJ

Fat:

21.8 g

of which saturates:

7.1 g

Carbohydrates:

58 g

of which sugars:

18.2 g

Fibre:

5 g

Protein:

6.6 g

Salt:

0.4 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.