

309389S Flapjack Mix (Middletons)

Pack Size: 3.5KG BAG

Details: A quick and easy mix to use to create perfect flapjack.

Allergen Information

Contains: Cereal, Gluten

Free from:

Celery, Crustaceans, Sulphur Dioxide, Fish, Lupin, Nuts, Molluscs, Mustard, Peanuts, Sesame

May contain: Milk, Eggs, Soya

Suitable for: Vegetarians, Vegan

Handling Information

Directions For Use: Dry Mix: 1kg/3.5kg whole bag Water: 125ml/437ml Tin Size: 185 x 235 x 50mm deep/185 x 235 x 50mm deep Dough Portions 57g: 19 x 57g portions/69 x 57g portions

Storage Instructions:

Store in a cool dry place away from strong odours and direct sunlight.

Product Ingredients

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Nutritional Information

Typical Values per 100g/ml: Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy: 453 kcal / 1896 kJ

Fat: 21.8 g

of which saturates: 7.1 g

Carbohydrates: 58 g

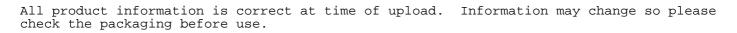
of which sugars: 18.2 g

Fibre: 5 g

Protein: 6.6 g

Salt:

0.4 g



If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.