

# 309476C Bechamel Sauce Mix (Essential Cuisine)



Pack Size: 2 X 1.5KG

**Details:** This gluten-free Béchamel sauce mix tastes and performs just like a kitchen-made béchamel without the time consuming make up. Once made up it will not lump, thin or skin and has superior hot holding properties.

# Allergen Information

#### Contains:

Milk

#### Free from:

Cereal, Celery, Crustaceans, Eggs, Fish, Lupin, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

## Suitable for:

Vegetarians

## Handling Information

#### Directions For Use:

125g product per 1 litre with water or 120g product per 1 litre with semi skimmed milk (for a creamier product). Whisk mixture into water or milk. Stir continuously, bring to the boil and simmer for 5 minutes until fully thickened.

## Storage Instructions:

Always reseal after use and keep in a cool, dry place.

## Product Ingredients

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Modified Tapioca Starch, Whole MILK Powder, Dried Glucose Syrup, Onion Powder, Salt, Yeast Extract, Butter Powder (from MILK), Spice and Herb Extracts.

# Nutritional Information

### Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

#### Energy:

381 kcal / 1598 kJ

## Fat:

6.7 g

# of which saturates:

2.6 g

# Carbohydrates:

73 g

## of which sugars:

30 g

### Fibre:

0.2 g

### Protein:

7.2 g

#### Salt:

3.2 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging

or speak with our QA Department.