



309679C Cod Roe (Princes)



Pack Size: 6 X 200G

Details: Cod roe is used both as a cooked ingredient in many dishes and a raw ingredient. It can be a tasty hot snack, coat slices with beaten eggs and breadcrumbs, season and fry until golden brown.

Allergen Information

Contains:

Fish

Free from:

Cereal, Celery, Crustaceans, Eggs, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Handling Information

Directions For Use:

Ready to eat.

Storage Instructions:

The product may be stored at ambient temperature. If not used immediately after opening, the product should be placed in a non-metal container and then stored in a refrigerator for up to two days.

Product Ingredients

Product Ingredients:

Cod Roe (65%) (**FISH**), Water, Rapeseed Oil, Tomato Paste, Salt, Potato Starch, Thickeners (Carrageenan and Locust bean Gum).

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

117 kcal / 490 kJ

Fat:

5.9 g

of which saturates:

0.5 g

Carbohydrates:

2 g

of which sugars:

0 g

Fibre:

0 g

Protein:

14 g

Salt:

1.2 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

