



309686C Banana Blossom in Brine (Centaur)



Pack Size: 24 X 565G

Details: Banana blossom can be used for many vegan dishes.

Many people use banana blossom to make vegetarian fish & chips. It is also eaten in salads or dipped into spicy chilli sauces and dips.

Allergen Information

Free from:

Cereal, Celery, Soya, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide

Suitable for:

Coeliacs, Vegetarians, Vegan

Handling Information

Directions For Use:

Use as recipe requires

Storage Instructions:

cool, dry place away from direct sunlight

Product Ingredients

Product Ingredients:

Banana Blossom 52.41%

Water 46.59%

Salt 1%

Contains Naturally occurring **SULPHITES** <=10ppm

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

11 kcal / 44 kJ

Fat:

0 g

of which saturates:

0 g

Carbohydrates:

2 g

of which sugars:

0 g

Fibre:

2.2 g

Protein:

0.8 g

Salt:

0.7 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.