

309746C Corn Flakes (Harvest Home)

Pack Size: 4 X 500G

Details: Ready to eat breakfast cereal made from toasted flakes of corn fortified with vitamins and iron.

Allergen Information

Contains: Cereal

Free from: Celery, Crustaceans, Eggs, Fish, Nuts, Lupin, Molluscs, Mustard, Peanuts, Sesame, Sulphur Dioxide

May contain: Milk, Soya

Suitable for: Kosher, Vegetarians

Handling Information Directions For Use: ready to eat

Storage Instructions: store in a cool dry place

Product Ingredients
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maize grits, sugar, salt, BARLEY malt extract, iron, vitamin B3, B5, D, B12,
B9, B6, B1, B2.

Nutritional Information Typical Values per 100g/ml: Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy: 387 kcal / 1641 kJ

Fat: 1.2 g

of which saturates: 0.3 g

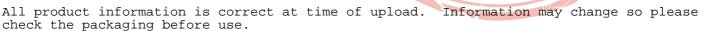
Carbohydrates: 85.2 g

of which sugars: 6.1 g

Fibre: 2.5 g

Protein: 7.7 g

Salt: 0.59 g



If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

