



## 309746C Corn Flakes (Harvest Home)



**Pack Size:** 4 X 500G

**Details:** Ready to eat breakfast cereal made from toasted flakes of corn fortified with vitamins and iron.

### Allergen Information

**Contains:**

Cereal

**Free from:**

Celery, Crustaceans, Eggs, Fish, Nuts, Lupin, Molluscs, Mustard, Peanuts, Sesame, Sulphur Dioxide

**May contain:**

Milk, Soya

**Suitable for:**

Kosher, Vegetarians

### Handling Information

**Directions For Use:**

ready to eat

**Storage Instructions:**

store in a cool dry place

### Product Ingredients

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maize grits, sugar, salt, **BARLEY** malt extract, iron, vitamin B3, B5, D, B12, B9, B6, B1, B2.

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

387 kcal / 1641 kJ

**Fat:**

1.2 g

**of which saturates:**

0.3 g

**Carbohydrates:**

85.2 g

**of which sugars:**

6.1 g

**Fibre:**

2.5 g

**Protein:**

7.7 g

**Salt:**

0.59 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

