



309974S Black Sesame Seeds (Centaur)



Pack Size: 250G JAR

Details: Black sesame seeds have a unique flavour and very pleasing crunch. This makes them perfect for sprinkling on any meal or snack, as well as using in homemade recipes like sesame crackers, bread, cookies, puddings, pastries, pies and much more.

Allergen Information

Contains:

Sesame

Free from:

Cereal, Soya, Crustaceans, Eggs, Fish, Gluten, Lupin, Milk, Molluscs, Sulphur Dioxide, Nuts, Peanuts

May contain:

Celery, Mustard

Suitable for:

Coeliacs, Vegetarians, Vegan

Handling Information

Directions For Use:

None

Storage Instructions:

Store in cool dry place and in an airtight container after opening

Product Ingredients

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Black **SESAME** Seeds

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

598 kcal / 2470 kJ

Fat:

58 g

of which saturates:

10.5 g

Carbohydrates:

0.9 g

of which sugars:

0.4 g

Fibre:

7.9 g

Protein:

18.2 g

Salt:

0.05 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.