



310000S Sushi Nori (Blue Dragon)



Pack Size: 11G BAG

Details: Dried and roasted seaweed used to wrap rice when making sushi

Highly versatile and can be used in many ways beyond traditional sushi rolls. Great torn into strips and used in salads or noodle dishes.

Allergen Information

Free from:

Cereal, Celery, Soya, Eggs, Sesame, Lupin, Milk, Mustard, Sulphur Dioxide

May contain:

Molluscs, Nuts, Peanuts, Fish, Crustaceans

Suitable for:

Vegetarians, Vegan

Handling Information

Directions For Use:

Ready to use

Storage Instructions:

Store in a cool, dry, dark place (Sunlight will lighten this product).

Product Ingredients

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Roasted Seaweed (100%)

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

348 kcal / 1481 kJ

Fat:

0.5 g

of which saturates:

0.1 g

Carbohydrates:

41 g

of which sugars:

6.2 g

Fibre:

No Data

Protein:

46 g

Salt:

1.5 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

