



## 310062S Udon Noodles (Centaur)



**Pack Size:** 300G PKT

**Details:** Udon noodles are made out of wheat flour; they are thick and white in colour. They are soft and chewy. Due to their neutral flavour, they are able to absorb strong-flavoured ingredients and dishes.

### Allergen Information

**Contains:**

Cereal, Gluten

**Free from:**

Celery, Crustaceans, Eggs, Fish, Peanuts, Nuts, Lupin, Milk, Molluscs, Mustard, Sesame, Sulphur Dioxide, Soya

**Suitable for:**

Kosher, Halal, Vegetarians, Vegan

### Handling Information

**Directions For Use:**

Put into boiling water and cook for approximately 8 minutes, Rinse in cold water and drain.

**Storage Instructions:**

Keep in cool and dry place

### Product Ingredients

**Product Ingredients:**

WHEAT Flour 99%  
Salt 1%

### Nutritional Information

**Typical Values per 100g/ml:**

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

**Energy:**

349 kcal / 1463 kJ

**Fat:**

1.3 g

**of which saturates:**

0.3 g

**Carbohydrates:**

73.8 g

**of which sugars:**

0.3 g

**Fibre:**

0.5 g

**Protein:**

9.4 g

**Salt:**

1 g



All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

