

310143C Aquafaba Egg Alternative (Oggs)



Pack Size: 6 X 1LT

Details: Aquafaba is a vegan, all-plant based liquid egg substitute, with the main ingredient being chickpea water. 1 litre is the equivalent to 20 eggs. Shake the carton before use to activate the proteins, then simply whip and whisk just like an egg. It is suitable for hundreds of sweet and savoury recipes - from sponge cakes and meringues, to mayonnaise, Yorkshire puddings and so much more.

Allergen Information

Free from:

Cereal, Celery, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Sulphur Dioxide, Soya

Suitable for:

Vegetarians, Vegan

Handling Information

Directions For Use:

Shake, pour, whisk, use.

Storage Instructions:

Store in a cool, dry place. Once opened, keep refrigerated and consume within 7 days and by date shown.

Product Ingredients

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Liquid chickpea extract

Nutritional Information

Typical Values per 100g/ml:

Based on a reference intake of an average adult (8400kJ/2000kCal) diet

Energy:

18 kcal / 75 kJ

Fat:

0.5 g

of which saturates:

0.1 g

Carbohydrates:

2.4 g

of which sugars:

1.1 g

Fibre:

0.5 g

Protein:

1.7 g

Salt:

0.01 g

All product information is correct at time of upload. Information may change so please check the packaging before use.

If allergen information is not presented here, please obtain it from the product packaging or speak with our QA Department.

